

November 2018

Marion School District

Breakfast & Lunch Menu



Meal Prices			
Breakfast		Lunch	
Grades K-5	\$1.70	Grades K-5	\$2.80
Grades 6-8	\$1.70	Grades 6-8	\$3.05
Grades 9-12	\$1.70	Grades 9-12	\$3.05
Adult	\$2.05	Adult	\$3.65
Extra Milk	\$0.35	Extra Milk	\$0.35

Monday

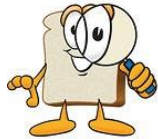
Tuesday

Wednesday

Thursday

Friday

Be a Food Label Detective:
Make Sure to Choose Whole Grain



Look for "100% Whole Grain or Wheat" on packages of food like bread, cereal, and pasta.



Please remember to take at least ½ cup fruit & or veggies for a well balance meal

Glazed Donut 1
A. Ham & Scalloped Potatoes
B. Popcorn Chicken
Bread
Carrots

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Cheesy Eggs & Toast 5
A. Italian Dunker
B. Fish Sticks
Chocolate Chip Cookie
Peas

Long John Donut 6
A. Sloppy Joe
B. Hot Dog on Bun
Corn

Waffles 7
A. Spaghetti w/Meat Sauce w/Breadstick
B. BBQ Chicken Wrap
Green Beans

Sausage Pancake Stick 8
A. BBQ Meatball Sub
B. Taco Salad w/ Corn Chips
Baked Fries

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Dutch Waffle 12
A. Beef & Noodles
B. Pepperoni Pizza
Peas

Sausage&Chz English Muffin 13
A. Meatloaf
B. Breaded Pork Fritter
Bread
Carrots

Breakfast Sliders 14
A. Nacho Grande
B. Meatballs w/Gravy
Rice
Corn

Glazed Donut 15
Baked Turkey
Fresh Dinner Roll
Mashed Potatoes w/ Gravy
Cookie

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Cherry Frudel 19
A. Beef & Cheese Burrito
B. Teriyaki Chicken
Green Beans

Cheesy Eggs & Toast 20
A. Stuffed Crust Pizza
B. Turkey & Cheese Sub
Carrots

French Toast Sticks 21
A. Tater Tot Hotdish w/Bread
B. Corn Dog
Sidekicks Frozen Juice Cup

Happy Thanksgiving! 22


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Pancakes 26
A. Hot Ham & Cheese
B. Taco Fiestada
Peas


Breakfast Pizza 27
A. Chicken Enchilada
B. Tangerine Chicken
Rice
Broccoli

Long John Donut 28
A. Sausage Pattie w/French Toast Sticks
B. Italian Sub
Tater Tots

Cinnamon Roll 29
A. Chili w/Corn Chips
B. Chicken Nuggets
Cinnamon Roll
Corn


30
No School

Breakfast Choices Offered Daily



- 100% Juice and Fruit
- Breakfast Entrée
- Cereal & Bread/Toast
- Choice of Milk

Daily Lunch Menu Includes



- Choice of A or B Entrées
- Fruit & Vegetable Bar
- Choice of Milk